

## What Does YHH Drop In Center Offer?

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- Referrals
- Confidential Case Management
- Peer to Peer Support
- Counseling
- Support Groups
- Quiet Room
- TLP 4 Youth
- Social Activities
- Children's Station
- Laundry Facilities
- Computer Training Center
- Mail Box Center
- Access to Mobile Medical Van

### Open 7 Days A Week and Holidays

#### Monday-Friday:

10AM-3PM for Adults  
4pm-9pm for Youth

#### Weekends and Holidays

Youth 9AM-12PM  
Adults 1PM-4PM



### Elimination of Health Disparities

#### York's Helping Hands

Primary Business Address  
412 West King Street  
York, PA 17401

Phone: 717-846-9275  
Fax: 717-843-1381  
E-mail: [tlp4youth@yorkhelpinghand.net](mailto:tlp4youth@yorkhelpinghand.net)

"TLP 4 Youth"



#### York's Helping Hands

"Elimination of Health Disparities"

717-846-9275

## TLP 4 Youth

York's Helping Hands "TLP 4 Youth" is a Transformational Leadership Program for Youth ages 13-17. This program is designed to work with youth who are dealing with behavioral health problems. Through a 6 week intensive program, "TLP 4 Youth" will meet participants where they are at, and help them transition to where they need to be. TLP will offer:

- Youth Support Groups (13-17)
- Access to Counseling
- Leadership Training
- Interactive Workshops
- Service Learning
- Fun and Safe Environment



### “WHAT DO YOU MEAN...WHERE THEY ARE?”

During TLP's first 2 sessions, youth will take a close look at self-definition. These first 2 sessions are designed to help youth analyze current situations ranging from personal matters, peer pressure to societal influences such as media through music, news, and television.

### “WHAT DO YOU MEAN... WHERE THEY NEED TO BE?”

Through TLP, we understand that we cannot force participants to do anything against their will.

Through this 6 week program we encourage youth to take a honest look at

themselves and their environment, in addition, we teach them necessary life and lead-



ership skills that will enable them to make positive changes in their personal life, as well as prepare them to become productive citizens in the future.

## TLP Schedule 2008

TLP will meet on Saturdays. Sessions will start at 10:00am and last until 12:00pm. A nutritional lunch will be provided at every session. Special arrangements for transportation can be provided, if appropriately scheduled.

### Saturday, February 2

Session 1: "I Am Whatever You Say I Am"

### Saturday, February 9

Session 2: "...Or Am I?"

### Saturday, February 16

Session 3: "Who You Calling A....?"

### Saturday, February 23

Session 4: "Menace or Service to Society"

### Saturday, March 1

Session 5: "What is Leadership & Can I Be A Leader?"

### Saturday, March 8

Session 6: "I Believe I Can Fly"

**Attention:** Program is open to the first 10 youth that register. To hold a registered spot, please detach below and return to York's Helping Hand Drop In Center.

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Name: \_\_\_\_\_

Age: \_\_\_\_\_

Address: \_\_\_\_\_

School: \_\_\_\_\_